

MINI CHAMPIONSHIPS
SPONSORED BY NORWIN AQUA CLUB/PENN HILLS DOLPHINS
Sunday, February 28, 2010
Held Under the Sanction of USA Swimming and Allegheny Mountain Swimming
Sanction # AM-022810-01

LOCATION OF FACILITY: Linton Middle School, 250 Aster Street, Pittsburgh, PA 15235

TYPE OF FACILITY: Six lane 25 yard pool with electronic timing system with watch back-up. The competition course has not been certified in accordance with 104.2.2.C(4).

ENTRY DEADLINE: Friday, February 12, 2010 **Entries will be accepted from:** Wednesday February 2, 2010

INDIVIDUAL ENTRY LIMIT PER DAY: Five (5) Individual Events per day (excluding relays)

ENTRY FEES: Individual Events: \$5.00 **MEET ENTRY LIMIT:** 2,000

Relays: \$5.00

CHECKS PAYABLE TO: Norwin Aqua Club

WARM-UPS: Warm-ups will be as stated below. Each Club will be notified within ten (10) days, but no later than five (5) days prior to the start of the meet. The meet entry person will be notified along with it being posted on the AMS Website.

The Meet Director reserves the right to adjust warm-ups based on the number of entries after consultation with the Age Group Chair (before the day of the meet) or the referee (the day of the meet). There **may** be a warm-up period of up to ten (10) minutes prior to the distance events at those facilities that do not have a separate warm-up pool.

WARM UP & START TIMES:

**To be confirmed based on the entries - will be posted on website*

SESSIONS	WARM-UPS	MEET START
Mini Sessions	7:50 to 8:20	9:00
Mini Sessions	8:20 to 8:50	

SEEDING: This meet will be **pre-seeded**. **Relays will require positive check-in.**

MEET DIRECTORS: Jeffrey Painter
14001 Lexington Pl.
N. Huntingdon, PA 15642
412-901-8477
jpainter35@live.com

SAFETY CHAIR: John Cassandro
jcassandro@verizon.net

Karen McClelland
mccldolph@msn.com

OFFICIALS: To officiate at this meet please contact: **John Cassandro -- jcassandro@verizon.net or David Patterson -- davidcpatt@msn.com**

DURATION: The Meet Director reserves the right to return entries with the approval of the Age Group Committee to control the meet duration. Affected clubs will be notified at least five (5) days prior to the meet. In addition, the meet host may require swimmers to scratch down ONE event per day. When entries are submitted, please mark which event the swimmer will scratch, if needed. If no race is designated, the host team will scratch the swimmer's last event of the day. Refunds will be given for mandatory scratches.

ENTRIES: E-MAIL ENTRIES TO: nac-entries@amswim.org

ENTRY CHAIR:	NAME	Jeffrey Painter
	ADDRESS	14001 Lexington Pl.
	CITY, ST, ZIP	N. Huntingdon, PA 15642
	PHONE	412-901-8477

All entries will only be accepted via e-mail or sent via U.S. mail with the proper completed coaches and master form. All entries, fees and properly completed entry forms must be postmarked no later than midnight on the: Entry Deadline Date.

The body of the e-mail shall contain the following:

- Meet Name Team Name
- Number of Individual Events
- Number of Relay Events
- Team Meet Entry Person's Contact Information

Entries using HY-TEK "Team Manager" are encouraged. There will be a charge of \$20.00 to be included with your entry for clubs with ten (10) or more swimmers not submitting mailed entries on disk. All teams submitting entries on disk should note that the disk WILL NOT BE RETURNED.

WARM-UP RULES: Due to the insurance liability issue that is in effect from USA Swimming all warm-up policies will be strictly enforced by USA Swimming Officials. Swimmers warming up or down, before, during or after this swim meet must be under the direct supervision of an USA Swimming member certified coach. The coaches have the same responsibility for supervision of their swimmers at the meet as when on deck at practice.

Each competing club's coach must register with the MEET DIRECTOR before the club may warm up. The coaches' sign-in sheet will be forwarded to the AMS registrar for verification of current coaches' certification. The coaches must present their current USS registration card at the sign in table and keep it visible on deck at all times.

In the event that a club has fewer than five (5) swimmers per session, it is the responsibility of the club to have a representative register a contact person with the MEET DIRECTOR to assure compliance of their swimmers with the rules of conduct. The contact person signing in requirement is in addition to the requirement for every swimmer to be under the supervision of a USS registered coach.

For swimmers that are unattached, it is their responsibility, prior to the day of the meet, to obtain a coach who will supervise the swimmers on deck during warm-up, warm down, before, during, or after the meet. This information should be provided with their entries to the meet entry person. Failure to do so will result in not being entered in the meet.

MEET/DECK REFEREE: The meet/deck referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to that person. The meet/deck referee has final judgment for **any** issues that arise that day during the course of the meet.

ELIGIBILITY: All entrants must be registered members of USA Swimming. Age **as of the first day of the meet** determines eligibility. This meet is open to all USA swimming registered swimmers. "No Time" entries will not be accepted. Entry times are short course yard times OR as stated in the comments on the meet structure/schedule of events page.

QUALIFYING TIMES: Qualifying Times are shown on the attached Meet Structure

AMS RULES: The 2009/2010 USS Swimming Rules will govern the meet. Details will be provided in the meet program and posted. Smoking and the use of tobacco products are prohibited in the building. Sale and use of alcoholic beverages are similarly prohibited anywhere on the grounds.

Please note that all swimmers must be under the supervision of a USA swimming coach during warm-up and competition.

No unauthorized personnel will be allowed on the pool deck. Coaches, Officials, and designated Meet personnel will only be permitted on deck if they are wearing their approved and current credentials. All other individuals, except swimmers, will be prevented from entering the deck area.

DISABLED SWIMMERS: Any swimmer with a disability should contact the Meet Director and the Meet Referee prior to the start of the meet.

SEEDING: Swimmers must follow the mandatory AMS operating procedure for check-in seeding: All swimmers must personally sign in with the Clerk of Course prior to each session for all of the events or at the first call of each event. A first call and a last call will be given. If after checking in, a swimmer decides not to swim the event, they must report back to the Clerk of Course and scratch by last call. **Failure to swim after being checked in and seeded will bar a swimmer from their next individual event.** Swimmers do not have to remain in the seeding area after checking in, but must return to pick up seeding time cards (if required).

SCRATCH RULE: Refer to AMS Operating Procedures:

AWARDS: **Individual awards:** Trophies 1st thru 3rd place, Ribbons 4th thru 6th place

Relays: Ribbons 1st thru 6th

Team awards: No Team Awards

SCORING: Individual Events: High point and runner-up awards for boys and girls in each age group.

Individual Events Scoring Points (1st thru 6th place) 7, 5, 4, 3, 2, 1

DIRECTIONS: Take the Parkway East to Penn Hills Exit (Rodi Road). Follow Rodi Road to 3rd red light. Turn right on Frankstown Road. At 3rd light turn right (should see Arby's) onto Saltsburg Road. Follow Saltsburg Road through the next light at Rite-Aid. Linton Middle School is on the right just past Different Twist Ice Cream.

Take Allegheny River Boulevard to Sandy Creek Road. Follow Sandy Creek Road to first light and turn left onto Verona Road. As you go up the hill, bear to the right and the road becomes Saltsburg Road. Go thru lights and school is on the right just past Different Twist Ice Cream.

CONCESSION: There will be food and drink available.

COMMENTS: Food will be restricted to designated area. Food will be available throughout the meet in the Gymnasium. Knabe's Swim & Trophy Shop will also be on hand for any of your swimming needs.

Parents will only be allowed on deck before the meet starts and at the conclusion of the meet to access the locker rooms with their children. There are additional bathrooms available to assist changing your children during the meet.

Mini Championship February 28, 2010

Saturday AM Session				
Girls	Faster Than	8 and Under	Faster Than	Boys
1		100 Individual Medley		2
9		50 Breaststroke		10
17		100 Freestyle		18
19		50 Butterfly		20
27		50 Freestyle		28
29		200 Medley Relay		30
37		50 Backstroke		38
39	3:20.19	200 Freestyle	3:09.89	40
41		200 Freestyle Relay		42
43	3:42.69	200 Individual Medley	3:40.89	44
		6 and Under		
3		25 Backstroke		4
11		25 Butterfly		12
21		25 Breaststroke		22
31		25 Freestyle		32
		8 Year Olds		
5		25 Backstroke		6
13		25 Butterfly		14
23		25 Breaststroke		24
33		25 Freestyle		34
		7 Year Olds		
7		25 Backstroke		8
15		25 Butterfly		16
25		25 Breaststroke		26
35		25 Freestyle		36

Comments:

1. Entry Limit 5 individual events per day
2. A Swimmer must swim in their own age group.
3. There are not any qualifying times except for 200 Freestyle and 200 Individual Medley.
4. Entry times are required for seeding purposes.
5. NT's shall not be accepted