

The body of the e-mail shall contain the following:

- Meet Name Team Name
- Number of Individual Events
- Number of Relay Events
- Team Meet Entry Person's Contact Information

Entries using HY-TEK "Team Manager" are encouraged. There will be a charge of \$20.00 to be included with your entry for clubs with ten (10) or more swimmers not submitting mailed entries on disk. All teams submitting entries on disk should note that the disk WILL NOT BE RETURNED.

WARM-UP RULES: Due to the insurance liability issue that is in effect from USA Swimming all warm-up policies will be strictly enforced by USA Swimming Officials. Swimmers warming up or down, before, during or after this swim meet must be under the direct supervision of an USA Swimming member certified coach. The coaches have the same responsibility for supervision of their swimmers at the meet as when on deck at practice.

Each competing club's coach must register with the MEET DIRECTOR before the club may warm up. The coaches' sign-in sheet will be forwarded to the AMS registrar for verification of current coaches' certification. The coaches must present their current USS registration card at the sign in table and keep it visible on deck at all times.

In the event that a club has fewer than five (5) swimmers per session, it is the responsibility of the club to have a representative register a contact person with the MEET DIRECTOR to assure compliance of their swimmers with the rules of conduct. The contact person signing in requirement is in addition to the requirement for every swimmer to be under the supervision of a USS registered coach.

For swimmers that are unattached, it is their responsibility, prior to the day of the meet, to obtain a coach who will supervise the swimmers on deck during warm-up, warm down, before, during, or after the meet. This information should be provided with their entries to the meet entry person. Failure to do so will result in not being entered in the meet.

MEET/DECK REFEREE: The meet/deck referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to that person. The meet/deck referee has final judgment for *any* issues that arise that day during the course of the meet.

ELIGIBILITY: All entrants must be registered members of USA Swimming. Age *as of the first day of the meet* determines eligibility. This meet is open to all USA swimming registered swimmers. "No Time" entries will not be accepted. Entry times are short course yard times OR as stated in the comments on the meet structure/schedule of events page.

QUALIFYING TIMES: Qualifying Times are shown on the attached Meet Structure

AMS RULES: The 2009/2010 USS Swimming Rules will govern the meet. Details will be provided in the meet program and posted. Smoking and the use of tobacco products are prohibited in the building. Sale and use of alcoholic beverages are similarly prohibited anywhere on the grounds.

Please note that all swimmers must be under the supervision of a USA swimming coach during warm-up and competition.

No unauthorized personnel will be allowed on the pool deck. Coaches, Officials, and designated Meet personnel will only be permitted on deck if they are wearing their approved and current credentials. All other individuals, except swimmers, will be prevented from entering the deck area.

DISABLED SWIMMERS: Any swimmer with a disability should contact the Meet Director and the Meet Referee prior to the start of the meet.

PRE-SEEDED MEETS: Any Swimmer or relay team failing to swim an event at a pre-seeded meet shall not be penalized for failure to show.

RELAY EVENTS SEEDED ON DECK. Any relay that has been checked in for an event that is seeded on the deck must swim in the event unless the Referee or designated meet official is notified of the wish to scratch before the seeding for that event has begun. Any relay team entered in a deck-seeded event must check in and list the swimmers' names for the event prior to the entry deadline. Events seeded on the deck shall be closed for seeding no later than 30 minutes prior to the start of the meet. NOTE: Names of relay participants may be changed, without penalty, only until their first relay swimmer steps up to the starting block.

AWARDS: **Individual awards:** Ribbons for 1st through 6th Place

Relay awards: Ribbons for 1st through 3th Place

SCORING: Individual Events: 1st thru 6th Place – high point and runner-up awards for boys and girls in each age group

Individual Events: 7, 5, 4, 3, 2, 1 – ties will be broken with Hy-Tek power points.

All 8 and Under event points will be used in scoring for high point awards. Example: 7 year old places 5th in 100 IM, they get the 5th place points. Swimmers shall not get the points awarded for 8 and Under events for not being in the top 6. Just because you are the fastest 7 year old, but place 10th, you do not receive 1st place.

DIRECTIONS: From PA Turnpike Exit 4/ Rt. 8 N - From PA Turnpike, go north on Rt. 8 three miles; bear R on ramp to Red Belt. At stop sign, turn L (west) onto the Red Belt. Follow Red Belt (L at 1st stop sign, R at 2nd stop sign) for 4.5 miles to PRHS on L.

From Butler/ Rt. 8 S --- From Butler, go south on Rt. 8 to Red Belt (Bakerstown-Warrendale Rd.). Turn R. (west) onto Red Belt. Follow Red Belt (L at 1st stop sign, R at 2nd stop sign) for 4.5 miles to PRHS on L.

From Rt. 19 --- From Rt. 19 at Warrendale, take Red Belt east for 5.3 miles to PRHS on R.

From I-79 N --- From I-79 going north, take exit 75 (Warrendale). At traffic light at end of exit ramp, turn R (east) onto Red Belt. Follow Red Belt 5.5 miles to PRHS on R.

From I-79 S --- From I-79 going south, take exit 78 (Cranberry Twp / Rt 228). At traffic light at exit ramp, turn R (east) onto Rt. 228. Go 4.3 miles to Pittsburgh St./Warrendale Rd. Turn R onto Warrendale Rd. Go 2.2 miles to end. Turn L onto Red Belt, go 1.8 miles to PRHS on R.

Parking is in front of the building; entrance is through the last (left-most) doors in the front of the building. The pool is to your left as you enter.

CONCESSION: **Full concessions shall be available throughout the meet. We will have a full assortment of snacks, food and drinks**

COMMENTS: Please remember Pine-Richland is a tobacco free campus. If you must smoke, you must leave the campus

Mini Championship July 10, 2010

Saturday AM Session				
Girls	Faster Than	8 and Under	Faster Than	Boys
1		200 Medley Relay		2
3		100 Individual Medley		4
5		50 Backstroke		6
13		100 Freestyle		14
15		50 Butterfly		16
23	3:20.19	200 Freestyle	3:09.89	24
25		100 Breaststroke		26
33		50 Freestyle		34
35		100 Butterfly		36
43		50 Breaststroke		44
45		100 Backstroke		46
47		200 Freestyle Relay		48
49	3:42.69	200 Individual Medley	3:40.89	50
		6 and Under		
7		25 Backstroke		8
17		25 Butterfly		18
27		25 Breaststroke		28
37		25 Freestyle		38
		7 Year Olds		
9		25 Backstroke		10
19		25 Butterfly		20
29		25 Breaststroke		30
39		25 Freestyle		40
		8 Year Olds		
11		25 Backstroke		12
21		25 Butterfly		22
31		25 Breaststroke		32
41		25 Freestyle		42

Comments:

1. Entry Limit 5 individual events per day
2. A Swimmer must swim in their own age groups.
3. There are not any qualifying times except for 200 Freestyle and 200 Individual Medley.
4. Entry times are required for seeding purposes.
5. NT's shall not be accepted