

Steel Valley Invitational
SPONSORED BY Chartiers Valley Swim Club
Co-hosted with the Tidal Wave Swim Team

May 14 - 16, 2010

Held Under the Sanction of USA Swimming and Allegheny Mountain Swimming
Sanction # AM-051410-01 – Time Trials Sanction # AM-TT-051410-02

LOCATION OF FACILITY: Chartiers Valley High School, 50 Thoms Run Road Bridgeville, PA 15017

TYPE OF FACILITY: Indoor 50 meter, six lane pool with an electronic timing system and watch back-up.

POOL CERTIFICATION: The competition course has not been certified in accordance with 104.2.2(C)

WATER DEPTH: The depth of the water at the start end of the pool is 11 feet and at the turn end is 4 feet.

ENTRY DEADLINE: April 30, 2010. Entries will be accepted from: April 21 – April 30, 2010 – AMS teams only can submit entries on April 21st – Entries will be open to all other LSCs after midnight on April 22nd.
Confirmation e-mail will be sent to all teams of their acceptance after entry deadline.

INDIVIDUAL ENTRY LIMIT PER DAY: Three (3) Individual Events per day (excluding relays)

ENTRY FEES: Individual Events: \$5.00

MEET ENTRY LIMIT: 2,000

Relays: \$5.00

Time Trial fee will be \$6.00 Individual - \$12.00 Relay

Entries in time trials count towards entry limit per day.

CHECKS PAYABLE TO: Chartiers Valley Swim Club

WARM-UPS: Warm-ups will be as stated below. Each Club will be notified within ten (10) days, but no later than five (5) days prior to the start of the meet. The meet entry person will be notified along with it being posted on the AMS Website.

The Meet Director reserves the right to adjust warm-ups based on the number of entries after consultation with the Age Group Chair (before the day of the meet) or the referee (the day of the meet). There **may** be a warm-up period of up to ten (10) minutes prior to the distance events at those facilities that do not have a separate warm-up pool.

Warm-ups for distance meets (1000/800, 1650/1500) shall be a general warm-up for the entire session. Time shall not be less than 45 minutes for a single session of the first session of a two-session meet. Time shall not be less than 30 minutes for the second session at the same meet. Warm Up/Warm Down between events shall not be less than 10 minutes when multiple events are swum, gender excluded. At any session with distance events (1000/800, 1650/1500) offered and at any championship formatted meet (prelims/finals), the outside lane or lanes shall be restricted to pace lanes only at the same time that sprint lanes are opened

WARM UP & START TIMES:

**To be confirmed based on the entries - will be posted on website*

SESSIONS	WARM-UPS	MEET START
Friday PM	4:30 warm up (45 minute warm-up)	5:20 pm
Saturday AM	6:45 am warm up (45 minutes)	7:35 AM
Saturday PM	45 minute warm up; warm ups will start 15 minutes after the end of the AM session	
Saturday Finals	45 minute warm-up – to be announced	Not before 6:00pm
Sunday AM	7:45 am warm up (45 minutes)	8:35 AM
Sunday PM	45 minute warm up; warm ups will start 15 minutes after the end of the AM session	

SEEDING: This meet will be X **deck seeded** with positive check-in required. Check-in will close approximately 30 minutes prior to the event being swum. **Relays will require positive check-in.**

MEET DIRECTOR: Mike Schmidt
412-889-5351 or
vimish@verizon.net)

SAFETY CHAIR: Faith Stauffer

OFFICIALS: To officiate at this meet please contact: Sharon Schmidt (sharonmajs@verizon.net)

DURATION: The Meet Director reserves the right to return entries with the approval of the Age Group Committee to control the meet duration. Affected clubs will be notified at least five (5) days prior to the meet. In addition, the meet host may require swimmers to scratch down ONE event per day. When entries are submitted, please mark which event the swimmer will scratch, if needed. If no race is designated, the host team will scratch the swimmer's last event of the day. Refunds will be given for mandatory scratches.

ENTRIES: E-MAIL ENTRIES TO: cvsc-entries@amswim.org

ENTRY CHAIR:	NAME	Judy Wagner
	ADDRESS	1271 Arrowood Drive
	CITY, ST, ZIP	Pittsburgh, PA 15243
	PHONE	

All entries will only be accepted via e-mail or sent via U.S. mail with the proper completed coaches and master form. All entries, fees and properly completed entry forms must be postmarked no later than midnight on the: Entry Deadline Date.

The body of the e-mail shall contain the following:

- Meet Name Team Name
- Number of Individual Events
- Number of Relay Events
- Team Meet Entry Person's Contact Information

Entries using HY-TEK "Team Manager" are encouraged. There will be a charge of \$20.00 to be included with your entry for clubs with ten (10) or more swimmers not submitting mailed entries on disk. All teams submitting entries on disk should note that the disk WILL NOT BE RETURNED.

WARM-UP RULES: Due to the insurance liability issue that is in effect from USA Swimming all warm-up policies will be strictly enforced by USA Swimming Officials. Swimmers warming up or down, before, during or after this swim meet must be under the direct supervision of an USA Swimming member certified coach. The coaches have the same responsibility for supervision of their swimmers at the meet as when on deck at practice.

Each competing club's coach must register with the MEET DIRECTOR before the club may warm up. The coaches' sign-in sheet will be forwarded to the AMS registrar for verification of current coaches' certification. The coaches must present their current USS registration card at the sign in table and keep it visible on deck at all times.

In the event that a club has fewer than five (5) swimmers per session, it is the responsibility of the club to have a representative register a contact person with the MEET DIRECTOR to assure compliance of their swimmers with the rules of conduct. The contact person signing in requirement is in addition to the requirement for every swimmer to be under the supervision of a USS registered coach.

For swimmers that are unattached, it is their responsibility, prior to the day of the meet, to obtain a coach who will supervise the swimmers on deck during warm-up, warm down, before, during, or after the meet. This information should be provided with their entries to the meet entry person. Failure to do so will result in not being entered in the meet.

MEET/DECK REFEREE: The meet/deck referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to that person. The meet/deck referee has final judgment for **any** issues that arise that day during the course of the meet.

ELIGIBILITY: All entrants must be registered members of USA Swimming. Age **as of the first day of the meet** determines eligibility. This meet is open to all USA swimming registered swimmers. "No Time" entries will not be accepted. Entry times are short course yard times OR as stated in the comments on the meet structure/schedule of events page.

QUALIFYING TIMES: Qualifying Times are shown on the attached Meet Structure

AMS RULES: The 2009/2010 USS Swimming Rules will govern the meet. Details will be provided in the meet program and posted. Smoking and the use of tobacco products are prohibited in the building. Sale and use of alcoholic beverages are similarly prohibited anywhere on the grounds.

Please note that all swimmers must be under the supervision of a USA swimming coach during warm-up and competition.

No unauthorized personnel will be allowed on the pool deck. Coaches, Officials, and designated Meet personnel will only be permitted on deck if they are wearing their approved and current credentials. All other individuals, except

swimmers, will be prevented from entering the deck area.

DISABLED SWIMMERS: Any swimmer with a disability should contact the Meet Director and the Meet Referee prior to the start of the meet.

SEEDING: Swimmers must follow the mandatory AMS operating procedure for check-in seeding: All swimmers must personally sign in with the Clerk of Course prior to each session for all of the events or at the first call of each event. A first call and a last call will be given. If after checking in, a swimmer decides not to swim the event, they must report back to the Clerk of Course and scratch by last call. **Failure to swim after being checked in and seeded will bar a swimmer from their next individual event.** Swimmers do not have to remain in the seeding area after checking in, but must return to pick up seeding time cards (if required).

SCRATCH RULE: (where applicable)

(1) PRE-SEEDED MEETS. Any Swimmer or relay team failing to swim an event at a pre-seeded meet shall not be penalized for failure to show.

(2) EVENTS SEEDED ON DECK. (a) Any swimmer who has checked in for an individual event that is seeded on the deck must swim in the event unless he notifies the Referee or designated meet official of his/her wish to scratch before the seeding for the event has begun. Failure to scratch prior to seeding and failure to swim the event will result in the swimmer being barred from his/her next individual event or relay.

(b) Any relay that has been checked in for an event that is seeded on the deck must swim in the event unless the Referee or designated meet official is notified of the wish to scratch before the seeding for that event has begun. Any relay team entered in a deck-seeded event must check in and list the swimmers' names for the event prior to the entry deadline.

(c) Events seeded on the deck shall be closed for seeding no later than 30 minutes prior to the start of the meet.

(3) SCRATCHING FROM FINALS. (a) Any swimmer qualifying for a C, B or A (bonus and consolation final or) final race in an individual event who fails to compete in said final shall be barred from further competition for the remainder of the meet, except as noted in "Exceptions for Failure to Compete." A declared false start or deliberate delay of meet is not permitted and will be regarded as a failure to compete.

(i) Any Swimmer who qualifies for a C, B or A Final and does not compete shall be subject to a monetary fine. If such failure to compete occurs on the swimmer's last day of the meet, the swimmer shall be charged a penalty of \$25 by AMS. The \$25 penalty fee should be charged to the swimmer's club or to the swimmer themselves in the event that they are unattached. This penalty fee should be paid to AMS (Allegheny Mountain Swimming) and mailed to the Permanent Office within 14 days of the conclusion of the meet. Failure to pay this fine prevents this swimmer/team from participating in a future meet. The Meet /Deck Referee shall notify the Permanent Office of any penalties due within 1 day of the conclusion of the meet.

(ii) Any relay team that fails to appear for a consolation final or final race in which it qualified without scratching shall be charged a fine of \$25/swimmer. The \$100 penalty fee should be charged to the swimmers' club. This penalty fee should be paid to AMS (Allegheny Mountain Swimming) and mailed to the Permanent Office within 14 days of the conclusion of the meet. Failure to pay this fine prevents this team from participating in a future meet. The Meet/Deck Referee shall notify the Permanent Office of any penalties due within 1 day of the conclusion of the meet.

(b) In the event of withdrawal or barring of a swimmer from competition the Referee shall fill the C, B, or A (bonus, consolation final or) final, when possible, with the next qualified swimmer(s). First and second alternates shall be announced along with the final qualifiers. These alternates shall not be penalized if unavailable to compete in the finals.

(c) Where C and B (bonus and consolation) finals have not been swum and a barring or withdrawal is known to the Referee, the Referee shall reseed the C, B and A (Bonus, consolation final and the final), if necessary to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final.

(d) If the C and B (bonus and consolation) finals have already been contested, the (championship (A) final shall be swum without reseeding for the empty lane(s).

(4) THIRTY (30) MINUTE SCRATCH RULE. (a) A swimmer who qualified for a C, B or A Final (Bonus – C, Consolation – B, Championship – A) must notify the designated official of his/her intent to scratch within thirty (30) minutes after the announcement of the qualifiers.

(b) The swimmer shall further declare his/her final intention within thirty (30) minutes following his/her last individual preliminary event in the session. If the swimmer does not declare his/her intention at the end of the 30 minutes of his/her

final individual event, the swimmer will be seeded into the final event. Any penalties for not swimming at finals will be upheld. Swimmers and/or coaches should re-check with the Referee to see if their swimmer has been scratched into one of the finals heats. Swimmers not intending to return for finals, regardless of the seeded position should fill out the scratch form.

(5) EXCEPTION FOR FAILURE TO SCRATCH – No Penalty shall apply: (a) The Referee is notified of illness or injury and accepts the proof thereof.

(b) A swimmer qualifying for a consolation final or final race following preliminaries notified the Referee or designee within thirty (30) minutes after the announcement of the qualifiers for that race that the swimmer may not intend to compete. The swimmer must declare within thirty (30) minutes following his last individual preliminary event a final intention to scratch or swim. (See 4)

(c) It is determined by the Referee that failure to scratch was caused by circumstances beyond the control of the swimmer.

(d) A swimmer who was not one of the original qualifiers and who was scratched into the qualifiers list.

(6) CHECK IN SEEDED MEET. If, after checking in with the Clerk of Course, a swimmer decides not to swim the event, they must report back to the Clerk of Course and SCRATCH by the last call. Failure to swim after being checked in and seeded will bar the swimmer from the swimmer's next individual event.

(7) RELAYS. Each coach shall pick up relay cards from the Clerk of Course, on which he shall list the competing swimmers (Last, First, Middle Initial - NAME) and ages and order of swimming for each relay event. Completed relay cards must be returned to the Clerk of Course. Those returned as "scratched" will not be entered and no penalty will be incurred. All others will be seeded. Failure of a relay member or relay team to subsequently pick up their seeded card and participate in the event when it is called is subject to the scratch rule penalties outlined above. NOTE: Names of relay participants may be changed, without penalty, only until their first relay swimmer steps up to the starting block.

AWARDS: Individual awards: Ribbons for 1st thru 6th place

Team awards: Ribbons for 1st thru 6th place

SCORING: Individual Points: This meet will not be scored

DIRECTIONS: Route 79 South to Heidelberg/Kirwin Heights exit. At the light, turn left onto Route 50/Washington Pike. At the first light, turn left onto Thoms Run Road. The school is on the left just after passing back under Route 79. Once on campus, please follow parking instructions for Swimming.

CONCESSION: Full Concession Stand will be available throughout the meet

COMMENTS:

Friday May 14, 2010
 Schedule of Events (Timed Finals)
 4:30 warm up (45 minute warm-up) 5:20 Meet Start

Girls #	Age Group/ Stroke	Boys #
1	11-12 200 IM	2
3	*15 & over 400 IM*	4
5	*13-14 400 IM*	6
7	*10-under 400 Free *	8
9	*11-12 400 Free*	10
11	#Open 1500 Free#	12

#- Open 1500 Free: Fastest 3 Heats each, swum Fastest to Slowest, Alternating Girls & Boys

*- May Limit 400 Free: Fastest 3 Heats each, Girls & Boys

*- May Limit 400 IM: Fastest 2 Heats each, Girls & Boys

Saturday May 15, 2010
 Schedule of Events AM Prelim Session: Prelim/Finals
 7:45 AM warm up (45 minutes), 8:35 AM Meet Start

Girls #	Age Group/Stroke	Boys #
13	13-14 400 Medley Relay	14
17	13-14 200 Free	18
21	13-14 200 Breast	22
25	13-14 100 Back	26
29	13-14 200 Fly	30
33	13-14 50 Free	34
15	Open 400 Medley Relay	16
19	15 & Over 200 Free	20
23	15 & Over 200 Breast	24
27	15 & Over 100 Back	28
31	15 & Over 200 Fly	32
35	15 & Over 50 Free	36
37	Open 800 Free Relay	38

Saturday May 15, 2010
 Schedule of Events PM Prelim Session: Prelim/Finals
 45 minute warm up; warm ups will start 15 minutes after the end of the AM session

Girls #	Age Group/Stroke	Boys #
39	10 & Under 100 Free	40
43	10 & Under 50 Breast	44
49	10 & Under 100 Back	50
53	10 & Under 50 Fly	54
59	10 & Under 200 IM	60
63	10 & Under 200 Medley Relay	64
41	11-12 100 Free	42
45	#12 & Under 200 Breast#	46
47	11-12 50 Breast	48
51	11-12 100 Back	52
55	#12 & Under 200 Fly#	56
57	11-12 50 Fly	58
61	12 & Under 200 Medley Relay	62

- Timed Finals

Finals on Saturday will not begin before 6:00PM after a 45 minute warm-up

Finals Event Order (Consolation will be swum for all events)

**17,18,19,20,39,40,41,42,21,22,23,24,43,44,47,48,25,26,27,28,49,50,51,52,29,30,31,32,
 53,54,57,58,33,34,35,36,59,60,61,62**

Sunday May 16, 2010
 Schedule of Events AM Prelim Session: **Timed finals**
 7:45 AM warm up (45 minutes), 8:35 AM Meet Start

Girls #	Age Group/Stroke	Boys #
65	13-14 200 IM	66
69	13-14 100 Breast	70
73	13-14 100 Free	74
77	13-14 100 Fly	78
81	13-14 200 Back	82
85	13-14 400 Free Relay	86
89	*13-14 400 Free*	90
67	15 & Over 200 IM	68
71	15 & Over 100 Breast	72
75	15 & Over 100 Free	76
79	15 & Over 100 Fly	80
83	15 & Over 200 Back	84
87	Open 400 Free Relay	88
91	*15 & Over 400 Free*	92

May Be Limited to the 3 Fastest Heats

Sunday May 16, 2010
 Schedule of Events PM Prelim Session: **Timed Finals**
 45 minute warm up; warm ups will start 15 minutes after the end of the AM session

Girls #	Age Group/Stroke	Boys #
95	10 & Under 200 Free	96
101	10 & Under 50 Back	102
105	10 & Under 100 Breast	106
109	10 & Under 50 Free	110
113	10 & Under 100 Fly	114
117	10 & Under 200 Free Relay	118
93	11-12 200 Free	94
97	12 & Under 200 Back	98
99	11-12 50 Back	100
103	11-12 100 Breast	104
107	11-12 50 Free	108
111	11-12 100 Fly	112
115	12 & Under 200 Free Relay	116

11-12 Swimmers may swim the 50 OR the 200 of each stroke; but not both.

1. Entries will open to AMS teams only on May 21st after 12:01 AM.
2. Entries to other teams will be open on May 22nd after 12:01 AM.
3. Entries will be accepted until meet is full.
4. All teams will receive entry confirmation by May 1st.
5. Hard Copy of Team Entries and Entry Fees MUST be received by May 7th.
6. Time Trials will be offered if time line allows. Time Trial will count as an event per day/meet. Time Trials will be held Saturday & Sunday after the morning and afternoon session at the discretion of the meet referee. Time trial entries are open to swimmers already entered in an individual event in the meet.
7. **Short course yard entry times only.**