



# 56<sup>th</sup> Annual Christmas Meet

## Team Pittsburgh Aquatics

December 14-17, 2017

<b>FACILITY LOCATION</b>	Trees Pool, University of Pittsburgh, Aliquippa & Darragh St., Pittsburgh, PA	
<b>SANCTION # AM-121417-01</b>	Held under the Sanction of USA Swimming and Allegheny Mountain Swimming, Inc. <i>In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.</i>	
<b>MEET DIRECTOR</b>	Matt Schaefer	(724) 681-4249 matthew-schaefer@comcast.net
<b>ENTRY CHAIR</b>	Matt Schaefer	(724) 681-4249 <a href="mailto:tpit-entries@amswim.org">tpit-entries@amswim.org</a>
<b>SAFETY CHAIR</b>	Matt Schaefer	(724) 681-4249 matthew-schaefer@comcast.net
<b>OFFICIALS CONTACT</b>	Dave Watterson	wtrsnd@gmail.com
<b>MEET REFEREE</b>	Dave Watterson <b>Admin Referee TBA</b>	wtrsnd@gmail.com
<b>POOL CERTIFICATION</b>	The competition course <b>has</b> been certified in accordance with Article 104.2.2C (4).	
<b>FACILITY DESCRIPTION</b>	Two (2) eight-lane, 25 yard, indoor courses with electronic timing and anti-wave lane lines with a separate six-lane 25 yard warm-up/warm-down pool	
<b>WATER DEPTH</b>	The minimum water depth for racing starts shall be measured in accordance with Article 103.2.3. <b>Deep end</b> -The depth of the water at the start end of the pool is <b>7 feet</b> and at the turn end of the pool is <b>16 feet</b> . <b>Shallow end</b> - The depth of the water at the start end of the pool is <b>4.5 feet</b> and at the turn end of the pool is <b>4.5 feet</b> .	
<b>ENTRIES OPEN – Tuesday, November 14, 2017 at 10AM</b>		<b>ENTRIES CLOSE – Tuesday, December 5, 2017 at 10AM</b>
<b>ENTRY FEES</b>	Individual Events \$5.00 Relay Events \$10.00 Swimmer Surcharge: <b>\$5.00 per athlete</b>	
	Entry fee checks made payable to: <b>Team Pittsburgh Aquatics</b>	Mail entry fee checks and entry report to: <b>Team Pittsburgh Aquatics, CHRISTMAS MEET, 218 Fitzgerald Fieldhouse, Pittsburgh, PA 15261</b>
<b>CONFORMING TIMES</b>	Entry times must be in <b>SCY</b> . Non-conforming times will be seeded last; entry times shall not be converted.	
<b>EVENTS</b>	This meet will be conducted in accordance with the attached schedule of events.	
<b>QUALIFYING TIMES</b>	<p>Qualifying times, if applicable, are per the current USA Swimming National Age Group Motivational Time Standards and are printed on the attached schedule of events.</p> <p>*Bonus events are available again this year!</p> <ul style="list-style-type: none"> <li>• If a swimmer qualifies for a single (1) individual event, the swimmer may compete in up to one (1) additional event if the bonus time standard is met.</li> <li>• If a swimmer qualifies for two (2) or more individual events, that swimmer may compete in up to two (2) bonus events if the bonus time standard is met keeping in mind not to exceed 3 events per day and 10 events total for the meet.</li> <li>• Bonus events will be seeded after all SCY and LCM entries.</li> <li>• Bonus event qualifying times for events 200 AND shorter will be within 1 second per 50 of the meet qualifying standard.</li> <li>• Bonus qualifying times for the 400 IM- within 4 (:04) seconds of the QT, 500 Free- within five (:05) seconds of the QT (four (:04) seconds if you are using the 400 Free LCM QT), 1000 Free- within ten (:10) seconds (eight (8) seconds if you are using the 800 Free LCM QT), and for the 1650 Free- within sixteen and a half (:16.50) seconds of the qualifying time (fifteen (:15) if you are using the 1500 Free LCM QT). <b>Time is calculated at 1 second per 100.</b></li> </ul>	
<b>ENTRY LIMIT</b>	3 individual events per day, no more than <b>10</b> events for the meet No club may enter more than <b>(3)</b> teams per relay event	
<b>PROOF OF TIMES</b>	<b>This meet will require Proof of Times.</b> For Proof of Times, all times must be proved through the USA SWIMS National Database. Times that are not in SWIMS must be proven thirty (30) minutes prior to the start of the session with official results from a USA Swimming Sanctioned, Approved, or Observed meet. If a time cannot be proven and the athlete competes in the questioned event, that swim is subject to the appropriate AMS fine for falsifying documents. When submitting meet entry files and reports, include the proof of time by check the "Include Proof of Time" box.	
<b>SESSION</b>	<b>WARM-UP TIMES</b>	<b>MEET STARTS</b>
Thursday Evening	Warm-ups begin at 5:00pm	6:00pm

Fri, Sat, & Sun AM	Doors open at 6:30am, warm-ups begin at 7:00am	8:30am
Fri, Sat, & Sun PM *Note Sunday times differ*	Warm-ups begin no sooner than 1:00pm Fri/Sat and *12:30pm on Sun*	No sooner than 2:00pm Fri/Sat and *1:30pm Sun*
Fri, Sat, & Sun Finals *Note Sunday times differ*	No later than 5:00pm on Fri/Sat and *4:00pm on Sun*	6:00pm Fri/Sat and *5:00pm on Sun*
AWARDS	<p>Individual Awards:  <b>Medals 1<sup>st</sup>-3<sup>rd</sup></b> place for 13-14, 15-16, &amp; Senior  <b>Medals 1<sup>st</sup> -3<sup>rd</sup></b> place and <b>ribbons 4<sup>th</sup>-8<sup>th</sup></b> place for 12 &amp; under                      Note: High point awards for all age groups and seniors will be awarded at the conclusion of the meet. Points scored will only count in the age group which they are swum.                      Relay Awards:  <b>Medals 1<sup>st</sup>-3<sup>rd</sup></b> place                      *Special Award*: The Carol and Jerry Zaleski award will be presented to the winner of Senior Men and Senior Women 100-yard freestyle. The names of the winner will be placed on a permanent plaque in the pool balcony.</p>	
SCORING	<p>This meet <b>will</b> be scored for all events/age groups, championship final only!  <b>Individual events: 9,7,6,5,4,3,2,1</b>  <b>Relay events: 18,14,12,10,8,6,4,2</b></p>	
DIRECTIONS AND OTHER INFORMATION	<p>Parking information will be posted by Thursday AM (the start of the meet).                      Swimmers competing in ALL events Thursday (10 &amp; Under 200 IM, 11-12 500 Free &amp; 400 IM, Senior 1000 Free) must provide their own Timer AND counter if need be.</p>	

ENTRY PROCEDURES	<ul style="list-style-type: none"> <li>• All Entries must be submitted through USA Swimming Online Meet Entry <a href="https://www.usaswimming.org/Home/events/event-registration">https://www.usaswimming.org/Home/events/event-registration</a></li> <li>• Entries will open on Tuesday, November 4, 2017 at 10:00am and will close on Tuesday, December 5, 2017 at 10:00am. <u>No late entries will be accepted after this time.</u></li> <li>• All payments made out to Team Pittsburgh Aquatics must be received prior to the start of Thursday evening's session.</li> <li>• <b>The meet director reserves the right to close the meet to control duration of the meet.</b></li> <li>• <b>The volunteer timer sheet, meet entry summary, and all entry fees <u>must</u> be received prior to the start of the meet.</b></li> <li>• Individual events: \$5.00 per entry</li> <li>• Relay events: \$10.00 per entry</li> <li>• Facility Surcharge: \$5.00 per athlete</li> </ul>
ENTRY RESTRICTIONS	<ul style="list-style-type: none"> <li>• Qualifying times must be achieved after January 1, 2015.</li> <li>• No swimmer may enter more than three (3) individual events per day, no more than ten (10) events for the meet.</li> <li>• No club may enter more than three (3) teams per relay event.</li> <li>• <b>ABSOLUTELY NO</b> late entries, phone entries, email entries, or fax entries will be accepted.</li> <li>• Relays must be included prior to the entry deadline through OME.</li> <li>• All relay only swimmers must appear on your OME entry prior to the meet deadline.</li> </ul>
SEEDING/PRESEEDED	<p>This is a pre-seeded meet EXCEPT FOR THE EVENTS NOTED BELOW.</p> <p>We will be utilizing two pools for preliminary sessions. IN ORDER TO EVEN OUT THE TIMELINES:</p> <ul style="list-style-type: none"> <li>• 15 and older women and 13-14 boys will swim the morning prelims in the DEEP END on Friday and Sunday and the SHALLOW END on Saturday.</li> <li>• 15 and older men and 13-14 girls will swim the morning prelims in the SHALLOW END on Friday and Sunday and the DEEP END on Saturday.</li> <li>• IF the afternoon session is split, 11-12 girls and 10 &amp; Under boys will swim the afternoon prelims in the SHALLOW END on Friday and Sunday and the DEEP END on Saturday.</li> <li>• If the afternoon session is split, 11-12 boys and 10 &amp; Under girls will swim the afternoon prelims in the DEEP END on Friday and Sunday and the SHALLOW END on Saturday.</li> </ul> <p>For the finals in age group events, if there are 'no shows,' alternates will be placed in open lane(s) without reseeding. In senior events, consolation 'no shows' will be filled from alternates without reseeding, but in championship finals of senior events, lane(s) will remain empty for no 'shows'. In prelims, the order of seeding will be SCY, LCM, and bonus qualifying time.</p>

	<p>*Note: Positive check-in is required for 10 &amp; Under 200 IM, 11-12 500 Free, 11-12 400 IM 1000 Free, AND ALL SENIOR RELAYS.</p> <p><u>Timed Final Events</u>: ALL Relay events (fastest heat of senior relays at finals), ALL 8 &amp; Under events, 10 &amp; Under 200 IM, 11 &amp; 12 500 Free, 11-12 400 IM, Senior 1000, and Senior 1650 (fastest heat at finals).</p> <p><u>Prelim/Final Events</u>: The remaining individual events will be swum in a prelim/finals format with the top heat at finals being a scoring heat. There will be a non-scoring consolation final for senior individual events ONLY. <b>All 10 &amp; Under events except the 200 IM WILL BE prelim/final.</b></p>
<b>SEEDING/POSITIVE CHECK-IN</b>	<p><b>Positive check-in</b> is required for the 10 &amp; Under 200 IM, 11-12 500 Free, Senior 1000 Free, and 11-12 400 IM by 5:00pm on Thursday, the first day of the meet. Positive check in will also be required for the Senior 1650 by 8:30am on Sunday, the last day of the meet. Senior 400 Medley Relay and 400 Free Relay positive check-in will close at 6pm the night before the event.</p> <p>*The fastest seeds for the Senior 1650 yard Free and the Senior 400 Free Relay may only opt to swim in prelims if team is on an early departure from the meet. You may not opt to swim the Senior 1650 or Senior 400 Free Relay in the morning in order to swim other events in finals.</p>
<b>DECK ENTRIES</b>	<p><b>No deck entries will be accepted. This includes individual and relay events.</b></p>
<b>ELIGIBILITY</b>	<p>All entrants must be registered members of USA Swimming as provided in Article 302. Age as of the first day of the meet shall determine the swimmer's age for the entire meet. On-deck registration is not permitted; all athletes must be registered prior to entering the meet.</p>
<b>RULES</b>	<p>This meet is governed by current USA Swimming Rules and current AMS Operating Procedures. Fly-over starts will be used.</p>
<b>MEET/DECK REFEREE</b>	<p>The Meet/Deck Referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to him/her. The Meet/Deck Referee has final judgment for any issues that arise that day during the course of the meet.</p>
<b>PROTESTS</b>	<p>A Meet Jury will adjudicate any protests, including issues of conduct, which may occur in the meet venue. All protests must be in writing to the Meet/Deck Referee. The Meet Jury will consist of the Meet Director, an athlete, and a coach. Additional members including an official may be added for a jury of five. The Meet/Deck Referee will act as a mediator. A Meet Jury shall be identified and posted at the beginning of each session of the meet.</p>
<b>MEET MARSHALS</b>	<p>Meet Marshals have full authority through the Meet/Deck Referee for safety and good order throughout the venue at all times. Swimmers, coaches and spectators may be removed from the deck/venue for non-compliance with procedures or non-cooperation with Marshals' instructions.</p>
<b>WARM-UP INFORMATION</b>	<p>Warm-up policies will be strictly enforced by USA Swimming Officials and Meet Marshals. These policies along with the lane assignments, if applicable, shall be posted on the wall at the start end of the pool.</p> <p><b>REQUIRED DURING WARM-UPS:</b></p> <ul style="list-style-type: none"> <li>• There will be specifically designated lanes during all warm-up sessions for 10 &amp; Under swimmers.</li> <li>• All warm-ups require a feet-first entry into the water at the start end of the pool.</li> <li>• Designated lanes will be open for starts and one way sprints during each warm-up session.</li> <li>• At any session with distance events (1000/800, 1650/1500) offered and at any championship formatted meet (prelims/finals), the outside lane or lanes shall be restricted to pace lanes only at the same time sprint lanes are opened. At any distance only meet or session (1000/800, 1650/1500), only one lane shall be opened for sprinting.</li> </ul> <p>Specific warm-up times for each club, if applicable, and/or changes to the warm-up schedule will be posted on the AMS Web Site no later than 5 days prior to the start of the meet. The Meet Director reserves the right to adjust warm-ups based on the number of entries (prior to the meet) or the referee (day of the meet). The Meet Entry Chair will email all attending clubs specific warm-up times and any changes to the warm-up schedule no later than 5 days prior to the start of the meet; this will also be posted on the AMS website.</p> <p>There shall be a 10 minute break before distance events in a standard meet (400IM/400/500FR) at end of session.</p>
<b>DECK PRIVILEGES</b>	<p>No unauthorized personnel will be allowed on the pool deck. All coaches, officials, and meet volunteers must wear a wristband to be on deck. Only those with wristbands, along with competing athletes, may be permitted on the deck at any time. Swimmers must be under the direct supervision of an USA Swimming Member Certified Coach at all times.</p>

	<p>Coaches and Officials must present proof of USA Swimming membership at the sign-in table in order to receive their wristband. Proof of registration through the USA Swimming DeckPass app is acceptable.</p> <p>Prior to entering the deck, unattached swimmers and attached swimmers attending without a coach are responsible for securing a USA Swimming Member coach who will supervise them during warm-up, warm-down, before, during, and after the meet; the swimmer must also notify the Referee of this coach prior to the start of the session. Additionally, these swimmers must register a contact person with the Meet Director. This information should be submitted with the entries. Failure to do so will result in the swimmer not being permitted to participate.</p>
<b>RACING START CERTIFICATION</b>	<p>Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. A copy of the Racing Start Certification Checklist, signed by a USA Swimming member coach, must be given to the referee prior to the start of the meet.</p>
<b>SWIMMERS WITH DISABILITIES</b>	<p>Swimmers with disabilities are welcome to attend this meet and should contact the Meet Director and/or Referee prior to the start of the meet regarding any accommodations.</p>
<b>PHOTOGRAPHY</b>	<p>In compliance with USA Swimming Rules and Regulations, the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms.</p> <p>Additionally, the use of equipment capable of taking pictures or videos (i.e. cell phones, cameras, tablets, etc.) are banned from behind the starting blocks during the entire meet, including warm-up, competition, and warm-down periods. Unless approved in advance by the AMS Board of Directors and stated in the Meet Announcement, photographers/videographers are not permitted on deck at any time. As an approved exception, USA Swimming registered and credentialed coaches are permitted to utilize visual recording devices to record their swimmers in the pool for the sole purpose of stroke training, subject to the location restrictions of this statement, so long as they do not interfere with meet operations. In the event of any disputes regarding video recording, the Referee's decision shall be final and binding. In no case shall coaches be permitted to delegate this role to athletes</p>
<b>DECK CHANGING</b>	<p>Per USA Swimming Rule 202.4.9(I), deck changes are prohibited.</p>
<b>RESTRICTIONS</b>	<p>The use and sale of any tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, onstanding areas and in all areas used by swimmers, during the meet and during warm-up periods. The sale and use of alcoholic beverages is prohibited in all areas of the meet venue.</p> <p>Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.</p> <ul style="list-style-type: none"> <li>• No glass containers are allowed in the meet venue.</li> </ul>
<b>AMS SCRATCH RULE FOR PRELIMS/FINALS MEETS</b>	<p>Any Swimmer or relay team failing to swim an event at a pre-seeded session of a prelims-finals meet shall not be penalized for failure to swim. Positive Check-in events (400 yards/meters or longer): Any swimmer who has checked in for an individual event that is seeded on the deck must swim in the event unless he notifies the Referee or designated meet official of his/her wish to scratch before the seeding for the event has begun. Failure to scratch prior to seeding and failure to swim the event will result in the swimmer being barred from his/her next individual event or relay.</p> <p>Events seeded on the deck shall be closed for seeding no later than 30 minutes prior to the start of the event. Any swimmer qualifying for a C, B or A (bonus and consolation final or) final race in an individual event who fails to compete in said final shall be barred from further competition for the remainder of the meet, except as noted in "Exceptions for Failure to Compete." A declared false start or deliberate delay of meet is not permitted and will be regarded as a failure to compete.</p> <p>Any Swimmer who qualifies for a C, B or A Final and does not compete shall be subject to a monetary fine. If such failure to compete occurs on the swimmer's last day of the meet, the swimmer shall be charged a penalty of \$25 by AMS. The \$25 penalty fee will be charged to the swimmer's club or to the swimmer themselves in the event that they are unattached. This penalty fee should be paid to AMS (Allegheny Mountain Swimming) and mailed to the Permanent Office within 14 days of the conclusion of the meet. Failure to pay this fine prevents this swimmer/team from participating in a future meet. The Meet /Deck Referee shall notify the Permanent Office of any penalties due within 1 day of the conclusion of the meet.</p> <p><b>Thirty (30) Minute Scratch Rule</b> A swimmer who qualified for a C, B or A Final (Bonus – C, Consolation – B, Championship – A) must notify the designated official of his/her intent to scratch within thirty (30) minutes after the announcement of the qualifiers.</p>

The swimmer shall further declare his/her final intention within thirty (30) minutes following his/her last individual preliminary event in the session. If the swimmer does not declare his/her intention at the end of the 30 minutes of his/her final individual event, the swimmer will be seeded into the final event. Any penalties for not swimming at finals will be upheld. Swimmers and/or coaches should re-check with the Scratch Table to see if their swimmer has been scratched into one of the finals heats. Swimmers not intending to return for finals, regardless of the seeded position should fill out the scratch form.

**Exception for Failure to Scratch– No Penalty shall apply:**

The Referee is notified of illness or injury and accepts the proof thereof.

A swimmer qualifying for a consolation final or final race following preliminaries is in compliance with the 30 minute scratch rule detailed above. It is determined by the Referee that failure to scratch was caused by circumstances beyond the control of the swimmer. A swimmer who was not one of the original qualifiers and who was scratched into the qualifiers list.

WOMEN	EQUAL TO OR FASTER THAN	EQUAL TO OR FASTER THAN	THURSDAY EVENING	EQUAL TO OR FASTER THAN	EQUAL TO OR FASTER THAN	MEN
	LCM	SCY	Session 1 – DEEP END	SCY	LCM	
1	3:17.59	2:54.19	10 & Under 200 Individual Medley	2:53.69	3:16.89	2
3	5:29.09	6:07.99	11-12 500 Free	6:02.59	5:21.89	4
5	10:07.59	11:18.69	Senior 1000 Free	10:33.39	9:29.49	6
7	6:20.39	5:33.09	11-12 400 Individual Medley	5:25.79	6:11.49	8

WOMEN	EQUAL TO OR FASTER THAN	EQUAL TO OR FASTER THAN	FRIDAY MORNING	EQUAL TO OR FASTER THAN	EQUAL TO OR FASTER THAN	MEN
	LCM	SCY	Session 2	SCY	LCM	
9	2:43.89	2:22.29	13-14 200 Individual Medley	2:12.99	2:33.69	10
11	2:39.49	2:18.69	15-16 200 Individual Medley	2:06.79	2:26.39	12
13	2:38.59	2:17.39	Senior 200 Individual Medley	2:03.69	2:23.89	14
15	1:15.49	1:06.59	13-14 100 Butterfly	1:01.89	1:10.39	16
17	1:13.89	1:05.29	15-16 100 Butterfly	58.99	1:07.09	18
19	1:13.39	1:04.29	Senior 100 Butterfly	57.69	1:05.39	20
21			Senior 800 Freestyle Relay			22
23	5:01.79	5:38.29	13-14 500 Freestyle	5:19.99	4:50.09	24
25	4:54.89	5:28.09	Senior 500 Freestyle	5:02.49	4:33.19	26

Friday Morning Shallow will be Events 9, 12, 14, 15, 18, 20, 22, 23, 26  
 Friday Morning Deep will be Events 10, 11, 13, 16, 17, 19, 21, 24, 25, and possibly some heats of 25

GIRLS	EQUAL TO OR FASTER THAN	EQUAL TO OR FASTER THAN	FRIDAY AFTERNOON	EQUAL TO OR FASTER THAN	EQUAL TO OR FASTER THAN	BOYS
	LCM	SCY	Session 3	SCY	LCM	
27	2:37.59	2:18.19	11-12 200 Freestyle	2:14.79	2:33.39	28
29	2:58.39	2:36.39	10 & Under 200 Freestyle	2:31.29	2:51.89	30
31	1:48.39	1:35.69	8 & Under 100 Freestyle	1:37.49	1:52.39	32
33	35.79	31.89	11-12 50 Butterfly	31.69	35.89	34
35	41.49	36.39	10 & Under 50 Butterfly	36.19	40.89	36
37	59.79	53.49	8 & Under 50 Butterfly	51.69	57.29	38
39		1:13.09	11-12 100 Individual Medley	1:11.09		40
41		1:21.39	10 & Under 100 Individual Medley	1:20.39		42
43	2:57.99	2:33.79	11-12 200 Backstroke	2:30.29	2:53.79	44

Friday Afternoon will most likely be swum all in the Deep in Event Number order 27-44

WOMEN	FRIDAY FINALS	MEN
	Session 4	
27	11-12 200 Freestyle	28
29	10 & Under 200 Freestyle	30
9	13-14 200 Individual Medley	10
11	15-16 200 Individual Medley	12
13	Senior 200 Individual Medley (B,A)	14
33	11-12 50 Butterfly	34
35	10 & Under 50 Butterfly	36
15	13-14 100 Butterfly	16
17	15-16 100 Butterfly	18
19	Senior 100 Butterfly (B,A)	20
39	11-12 100 Individual Medley	40
41	10 & Under 100 Individual Medley	42
23	13-14 500 Freestyle	24
25	Senior 500 Freestyle (B,A)	26
43	11-12 200 Backstroke	44
21	Senior 800 Freestyle Relay (Final Heat)	22

WOMEN	EQUAL TO OR FASTER THAN	EQUAL TO OR FASTER THAN	SATURDAY MORNING	EQUAL TO OR FASTER THAN	EQUAL TO OR FASTER THAN	MEN
	LCM	SCY	Session 5	SCY	LCM	
45			Senior 400 Medley Relay			46
47	2:23.89	2:06.49	13-14 200 Freestyle	1:58.69	2:16.09	48

49	2:20.39	2:02.49	Senior 200 Freestyle	1:51.69	2:09.09	50
51	1:17.19	1:07.09	13-14 100 Backstroke	1:03.09	1:12.89	52
53	1:15.99	1:05.39	15-16 100 Backstroke	59.79	1:09.69	54
55	1:15.29	1:04.59	Senior 100 Backstroke	58.09	1:08.69	56
57	3:02.89	2:39.39	13-14 200 Breaststroke	2:28.29	2:52.09	58
59	2:56.39	2:33.49	Senior 200 Breaststroke	2:17.29	2:39.09	60
61	32.19	28.19	13-14 50 Freestyle	25.99	29.49	62
63	31.69	27.69	15-16 50 Freestyle	24.79	27.89	64
65	31.49	27.49	Senior 50 Freestyle	24.29	27.99	66
67			13-14 200 Medley Relay			68
69			15-16 200 Medley Relay			70
71	5:45.39	5:02.69	13-14 400 Individual Medley	4:43.39	5:26.19	72
73	5:34.39	4:52.29	Senior 400 Individual Medley	4:25.69	5:06.29	74

Saturday Morning Shallow will be events 45, 48, 49, 52, 53, 55, 58, 59, 62, 63, 65, 68, 69, 72, 73, and possibly some heats of 73  
 Saturday Morning Deep will be events 46, 47, 50, 51, 54, 56, 57, 60, 61, 64, 66, 67, 70, 71, 74

GIRLS	EQUAL TO OR FASTER THAN	EQUAL TO OR FASTER THAN	SATURDAY AFTERNOON	EQUAL TO OR FASTER THAN	EQUAL TO OR FASTER THAN	BOYS
	LCM	SCY	Session 6	SCY	LCM	
75	1:12.89	1:03.09	11-12 100 Freestyle	1:01.89	1:10.49	76
77	1:21.19	1:11.39	10 & Under 100 Freestyle	1:10.19	1:20.39	78
79		1:54.39	8 & Under 100 Individual Medley	1:50.39		80
81	1:33.79	1:21.69	11-12 100 Breaststroke	1:19.39	1:31.69	82
83	1:46.49	1:32.39	10 & Under 100 Breaststroke	1:30.19	1:44.69	84
85	1:07.09	59.09	8 & Under 50 Breaststroke	58.69	1:06.69	86
87	38.49	33.29	11-12 50 Backstroke	33.09	37.99	88
89	43.49	37.99	10 & Under 50 Backstroke	37.79	43.29	90
91	2:58.59	2:36.39	11-12 200 Individual Medley	2:33.79	2:55.89	92
93	2:59.29	2:36.39	11-12 200 Butterfly	2:32.69	2:53.59	94
95			10 & Under 200 Freestyle Relay			96
97			11-12 200 Freestyle Relay			98

Saturday Afternoon will most likely be swum all in the Deep in Event Number order 75-98

WOMEN	SATURDAY FINALS		MEN
	Session 7		
47	13-14 200 Freestyle	48	
49	Senior 200 Freestyle	50	
75	11-12 100 Freestyle	76	
77	10 & Under 100 Freestyle	78	
51	13-14 100 Backstroke	52	
53	15-16 100 Backstroke	54	
55	Senior 100 Backstroke (B,A)	56	
81	11-12 100 Breaststroke	82	
83	10 & Under 100 Breaststroke	84	
57	13-14 200 Breaststroke	58	
59	Senior 200 Breaststroke (B,A)	60	
87	11-12 50 Backstroke	88	
89	10 & Under 50 Backstroke	90	
61	13-14 50 Freestyle	62	
63	15-16 50 Freestyle	64	
65	Senior 50 Freestyle (B,A)	66	
91	11-12 200 Individual Medley	92	
71	13-14 400 Individual Medley	72	
73	Senior 400 Individual Medley (B,A)	74	
95	11-12 200 Butterfly	96	
45	Senior 400 Medley Relay (Final Heat)	46	

WOMEN	EQUAL TO OR FASTER THAN		SUNDAY MORNING Session 8	EQUAL TO OR FASTER THAN		MEN
	LCM	SCY		SCY	LCM	
99			Senior 400 Freestyle Relay			100
101	2:38.69	2:18.29	13-14 200 Backstroke	2:10.09	2:30.29	102
103	2:34.79	2:13.59	Senior 200 Backstroke	2:01.09	2:22.09	104
105	1:09.69	1:01.19	13-14 100 Freestyle	56.89	1:05.29	106
107	1:08.39	59.99	15-16 100 Freestyle	54.19	1:02.19	108
109	1:08.29	59.49	Senior 100 Freestyle	53.19	1:01.29	110
111	2:38.79	2:21.69	13-14 200 Butterfly	2:11.69	2:29.99	112
113	2:34.89	2:15.19	Senior 200 Butterfly	2:03.39	2:19.89	114
115	1:28.19	1:16.59	13-14 100 Breaststroke	1:10.79	1:21.29	116



117	1:26.69	1:15.69	15-16 100 Breaststroke	1:07.89	1:18.89	118
119	1:25.29	1:13.59	Senior 100 Breaststroke	1:06.29	1:17.09	120
121			13-14 200 Freestyle Relay			122
123			15-16 200 Freestyle Relay			124
125	19:26.39	18:58.69	Senior 1650 Freestyle	17:37.89	18:04.79	126

Sunday Morning Shallow will be events 100, 101, 104, 105, 108, 110, 111, 114, 115, 118, 120, 121, 124, 126  
 Sunday Morning Deep will be events 99, 102, 103, 106, 107, 109, 112, 113, 116, 117, 119, 122, 123, 125, and possibly some heats of 125

GIRLS	EQUAL TO OR FASTER THAN	EQUAL TO OR FASTER THAN	SUNDAY AFTERNOON	EQUAL TO OR FASTER THAN	EQUAL TO OR FASTER THAN	BOYS
	LCM	SCY	Session 9	SCY	LCM	
127	3:21.09	2:56.39	11-12 200 Breaststroke	2:49.39	3:17.09	128
129	1:00.79	53.59	8 & Under 50 Backstroke	53.59	1:00.79	130
131	1:34.79	1:21.79	10 & Under 100 Backstroke	1:20.09	1:31.69	132
133	1:23.29	1:12.69	11-12 100 Backstroke	1:10.79	1:22.39	134
135	48.79	43.49	8 & Under 50 Freestyle	42.49	47.89	136
137	36.29	31.89	10 & Under 50 Freestyle	31.39	35.69	138
139	33.39	29.39	11-12 50 Freestyle	28.39	32.49	140
141	1:36.79	1:25.29	10 & Under 100 Butterfly	1:24.79	1:36.09	142
143	1:21.89	1:12.49	11-12 100 Butterfly	1:10.59	1:20.39	144
145	48.09	41.99	10 & Under 50 Breaststroke	41.89	48.19	146
147	42.09	37.49	11-12 50 Breaststroke	36.89	41.99	148
149			10 & Under 200 Medley Relay			150
151			11-12 200 Medley Relay			152

Sunday Afternoon will most likely be swum all in the Deep in Event Number order 127-152

WOMEN	SUNDAY FINALS	MEN
	Session 10	
127	11-12 200 Breaststroke	128
125	Senior 1650 Freestyle (Final Heat)	126
131	10 & Under 100 Backstroke	132
133	11-12 100 Backstroke	134
101	13-14 200 Backstroke	102

103	Senior 200 Backstroke (B,A)	104
137	10 & Under 50 Freestyle	138
139	11-12 50 Freestyle	140
105	13-14 100 Freestyle	106
107	15-16 100 Freestyle	108
109	Senior 100 Freestyle (B,A)	110
141	10 & Under 100 Butterfly	142
143	11-12 100 Butterfly	144
111	13-14 200 Butterfly	112
113	Senior 200 Butterfly (B,A)	114
145	10 & Under 50 Breaststroke	146
147	11-12 50 Breaststroke	148
115	13-14 100 Breaststroke	116
117	15-16 100 Breaststroke	118
119	Senior 100 Breaststroke (B,A)	120
99	Senior 400 Freestyle Relay (Final Heat)	100

Christmas Meet

Meet Entry Summary

**(This completed form MUST accompany your payment. Both sides of this form must be complete and accompany your check in the mail before the entry deadline of December 6 in order to be considered complete.)**

ENTRY DEADLINE is Tuesday, December 5, 2017, 10am via OME ONLY.

Mail completed Meet Entry Summary, Payment and Entries to:

Pitt Swim Office – Christmas Meet, Suite 218 Fitzgerald Field House, Pittsburgh, PA 15261

TEAM NAME \_\_\_\_\_ CODE LETTERS (5) \_\_\_\_\_

COACH \_\_\_\_\_ Phone \_\_\_\_\_ E-mail \_\_\_\_\_

TEAM ENTRY PERSON \_\_\_\_\_ E-mail \_\_\_\_\_

TEAM ADDRESS \_\_\_\_\_

**ENTRY FEE PAYMENT (Check Payable to Team Pittsburgh Aquatics)**

Number of Individual Entries \_\_\_\_\_ at \$5.00= \$ \_\_\_\_\_

Number of Relay Entries \_\_\_\_\_ at \$10.00= \$ \_\_\_\_\_

Number of Athletes \_\_\_\_\_ at \$5.00= \$ \_\_\_\_\_

(Facility Surcharge)

TOTAL Submitted= \$ \_\_\_\_\_

**One (1) Club or Certified Check per team.**

**Make checks payable to:**

Team Pittsburgh Aquatics

Questions concerning my team's entries should be directed to:

\_\_\_\_\_

Name

\_\_\_\_\_

Phone

\_\_\_\_\_

e-mail

TIMER INFORMATION FORM

Since this is such a large regional competition, as part of your acceptance to the meet teams are **REQUIRED** to provide timers for prelims sessions. Please indicate below which sessions you would like to provide timers. Also, using the information provided on page 4 of the meet information packet, **please denote which end your timer(s) would prefer**. Thanks. Marian, Meet Director.

FRIDAY

SATURDAY

SUNDAY

**PRELIMS**

**PRELIMS**

**PRELIMS**

\_\_\_\_\_ 8:30am-12noon  
(13-Older)

\_\_\_\_\_ 8:30am-12noon  
(13-Older)

\_\_\_\_\_ 8:30am-12noon  
(13-Older)

\_\_\_\_\_ 2pm-4:30pm  
(12-Younger)

\_\_\_\_\_ 2pm-4:30pm  
(12-Younger)

\_\_\_\_\_ 1:30pm-4:30pm  
(12-Younger)

**FINALS**

**FINALS**

**FINALS**

\_\_\_\_\_ 6pm-8pm

\_\_\_\_\_ 6pm-8pm

\_\_\_\_\_ 5pm-7pm

**TEAM NAME** \_\_\_\_\_

**CONTACT PERSON AT MEET** \_\_\_\_\_

**RETURN THIS FORM WITH YOUR ENTRY CHECK. IF IT IS NOT RETURNED, YOUR ENTRY WILL BE CONSIDERED INCOMPLETE.**