

HOST CLUB: Bethel Park Recreation Swim Team DAY OF MEET: May 3-4, 2008  
MEET NAME: Mini/Developmental ENTRY DEADLINE: Apr 18, 2008  
SANCTIONED BY: ALLEGHENY MOUNTAIN SWIMMING, INC. SANCTION NUMBER: AM-050308-1  
SPONSORED BY: Bethel Park Recreation Swim Team CHECKS PAYABLE TO: Bethel Park Recreation Swim Team (BPRST)

MAXIMUM NUMBER OF ENTRIES: ENTRY FEES PER EVENT: \$ 3.25 PER RELAY: \$ 5.00

**WARM-UP TIMES:** Warm-ups will be by Club. Each Club will be notified within ten (10) days, but no later than five (5) days prior to the start of the meet. The meet entry person will be notified along with it being posted on the AMS Website. The Meet Director reserves the right to adjust warm-ups based on the number of entries after consultation with the Age Group Chair (before the day of the meet) or the referee (the day of the meet). There may be a warm-up period of up to 10 minutes prior to the distance events at those facilities that do not have a separate warm-up pool. (AS NOTED ON MEET STRUCTURE).

WARM-UPS: Morning sessions: 7:30 - 8:00 a.m. and 8:00 - 8:30 a.m. START OF MEET: 8:35 a.m.  
WARM-UPS: Afternoon sessions: No earlier than 12:30 - 1 p.m. and 1 - 1:30 p.m. START OF MEET: 1:35 p.m.  
WARM-UPS: START OF MEET:

THIS MEET WILL BE: PRE-SEEDED  WITH THE EXCEPTION OF THE FOLLOWING EVENTS: (THESE EVENTS WILL REQUIRE POSITIVE CHECK-IN)  
THIS MEET WILL BE: DECK-SEEDED  \*\*Check in for these events will close approximately 30 minutes prior to the event being swum

POOL LOCATION: Bethel Park High School, 309 Church Road, Bethel Park, PA 15102  
FACILITY: An indoor, 25-yard, six-lane pool, with an electronic timing system and watch back-up.

**ENTRY LIMITS:** THIS MEET WILL BE SWUM ACCORDING TO THE ATTACHED SCHEDULE OF EVENTS. THE MAXIMUM NUMBER OF EVENTS THAT A SWIMMER MAY SWIM PER DAY, EXCLUDING RELAYS IS: Four (4)

**ENTRIES:** ALL ENTRIES WILL ONLY BE ACCEPTED VIA E-MAIL OR SENT VIA U.S. MAIL WITH THE PROPER COMPLETED COACHES AND MASTER FORM. DATES TO ACCEPT ENTRIES WILL BE FROM:

FROM: Apr 9, 2008 TO: Apr 18, 2008

All entries, fees and properly completed entry forms must be postmarked no later than midnight on the :Entry Deadline Date. The body of the e-mail shall contain the following:

E-MAIL ENTRIES TO: bpr-entries@amswim.org  
Meet Name  
Team Name  
Number of Individual Events  
Number of Relay Events  
Team Meet Entry Person's Contact Information

Entries using HY-TEK "Team Manager" are encouraged. There will be a charge of \$20.00 to be included with your entry for clubs with ten (10) or more swimmers not submitting mailed entries on disk. All teams submitting entries on disk should note that the disk WILL NOT BE RETURNED.

**ENTRIES/DURATION:** The Meet Director reserves the right to return entries with the approval of the Age Group Committee in order to control the meet duration. Affected clubs will be notified at least five (5) days prior to the meet. In addition, the meet host may require swimmers to scratch down ONE event per day. When entries are submitted, please mark which event the swimmer will scratch, if needed. If no race is designated, the host team will scratch the swimmer's last event of the day. Refunds will be given for mandatory scratches.

MEET ENTRY  
PERSON:

Lori Powell  
1171 Sarah Street  
Bethel Park, PA 15102  
412-854-5465

MEET  
DIRECTOR:

Melinda Eiben  
518 Rolling Green Drive  
Bethel Park, PA 15102  
412-833-7330  
kles@comcast.net

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**WARM-UP RULES:** Due to the insurance liability issue that is in effect from USA Swimming all warm-up policies will be strictly enforced by USA Swimming Officials. Swimmers warming up or down, before, during or after this swim meet must be under the direct supervision of an USA Swimming member certified coach. The coaches have the same responsibility for supervision of their swimmers at the meet as when on deck at practice.

Each competing club's coach must register with the MEET DIRECTOR before the club may warm up. The coaches' sign-in sheet will be forwarded to the AMS registrar for verification of current coaches' certification. The coaches must present their current USS registration card at the sign in table and keep it visible on deck at all times.

In the event that a club has fewer than five (5) swimmers per session, it is the responsibility of the club to have a representative register a contact person with the MEET DIRECTOR to assure compliance of their swimmers with the rules of conduct. The contact person signing in requirement is in addition to the requirement for every swimmer to be under the supervision of a USS registered coach.

**FOR SWIMMERS THAT ARE UNATTACHED, IT IS THEIR RESPONSIBILITY, PRIOR TO THE DAY OF THE MEET, TO OBTAIN A COACH WHO WILL SUPERVISE THE SWIMMERS ON DECK DURING WARM-UP, WARM DOWN, BEFORE, DURING, OR AFTER THE MEET. THIS INFORMATION SHOULD BE PROVIDED WITH THEIR ENTRIES TO THE MEET ENTRY PERSON. FAILURE TO DO SO WILL RESULT IN NOT BEING ENTERED IN THE MEET.**

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**MEET/DECK REFEREE:** The meet/deck referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to that person. The meet/deck referee has final judgement for *any* issues that arise that day during the course of the meet.

**ELIGIBILITY:** All entrants must be registered members of USA Swimming. Age *as of the first day of the meet* determines eligibility. This meet is open to all USA swimming registered swimmers. "No Time" entries will not be accepted. Entry times are short course yard times OR as stated in the comments on the meet structure/schedule of events page.

**QUALIFYING TIMES:** Qualifying Times are shown on the attached schedule of events.

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**AMS RULES:** The 2006/2007 USS Swimming Rules will govern the meet. Details will be provided in the meet program and posted. Smoking and the use of tobacco products are prohibited in the building. Sale and use of alcoholic beverages are similarly prohibited anywhere on the grounds.

**PLEASE NOTE THAT ALL SWIMMERS MUST BE UNDER THE SUPERVISION OF A USA SWIMMING COACH DURING WARM-UP AND COMPETITION.**

NO UNAUTHORIZED PERSONNEL WILL BE ALLOWED ON THE POOL DECK. Coaches, Officials, and designated Meet personnel will only be permitted on deck if they are wearing their approved and current credentials. All other individuals, except swimmers, will be prevented from entering the deck area.

**DISABLED SWIMMERS:** Any swimmer with a disability should contact the Meet Director and the Meet Referee prior to the start of the meet.

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**SEEDING:** SWIMMERS MUST FOLLOW THE MANDATORY AMS OPERATING PROCEDURE FOR CHECK-IN SEEDING: All swimmers must personally sign in with the Clerk of Course prior to each session for all of the events or at the first call of each event. A first call and a last call will be given. If after checking in, a swimmer decides not to swim the event, they must report back to the Clerk of Course and scratch by last call. **Failure to swim after being checked in and seeded will bar a swimmer from their next individual event.** Swimmers do not have to remain in the seeding area after checking in, but must return to pick up seeding time cards (if required).

**SCRATCH RULE:**

**DECK SEEDED EVENTS:** Failure to report to the Clerk of Course for an event will result in the swimmer being scratched from the event, but the swimmer will retain eligibility for future events. Once seeded, failure to compete will result in the swimmer being barred from their next individual event.

**CHECK-IN SEEDED EVENTS:** If after checking in with the Clerk of Course, a swimmer decides not to swim the event, they must report back to the Clerk of Course and SCRATCH by the last call. Failure to swim after being checked in and seeded will bar the swimmer from their next individual event.

**PRE-SEEDED EVENTS:** There is no penalty for failure to compete in a preliminary session at a pre-seeded meet. However, a swimmer qualifying for a bonus, consolation final or final race following the preliminary events must notify the Referee within thirty (30) minutes after the announcement of the qualifiers for that final race, that they may not intend to compete and must further declare their intention within thirty (30) minutes following their last individual event in the preliminary session. Failure to do so and failure to compete in the bonus, consolation final or final race will result in the swimmer being scratched from the remainder of the meet.

**RELAYS:** A Team may enter, in advance or deck enter the day of the meet, any number of relays. Entries of relays will close following a "last call", which will be approximately 30 minutes prior to the event being swum. Swimmers must already be entered in the meet to be eligible for a deck entered relay. The deck entry must include the list of swimmers and be accompanied by the entry fees. Teams are encouraged to submit relay entries early with individual entries or at the start of the meet each day. "NO TIMES" entries will not be accepted.

NOTE: NAMES OF RELAY PARTICIPANTS MAY BE CHANGED WITHOUT PENALTY, ONLY UNTIL THEIR FIRST RELAY SWIMMER STEPS UP TO THE STARTING BLOCK.

**REFRESHMENTS: A WIDE VARIETY OF FOOD AND BEVERAGES WILL BE AVAILABLE THROUGHOUT THE MEET.**

**PLEASE NO FOOD AND BEVERAGES IN THE POOL AREA OR SPECTATOR SEATING.**

AWARDS: Single ribbons 1st - 6th place, individual and relay  
25-YARD EVENTS WILL BE AWARDED BY AGE GROUPS: 8 YEARS OLD, 7 YEARS OLD, AND 6 AND UNDER.

SCORING: This meet will not be scored.

DIRECTIONS: From Pittsburgh, take Route 19 south to Fort Couch Road (South Hills Village is at the intersection). Turn left onto Fort Couch Road. After passing Petco on your right and McDonald's on your left, proceed to the traffic signal at the intersection, and turn left onto Bethel Church Road. After passing Bethel Presbyterian Church and cemetery, turn right at the light on Church Road. Go past the Administration Building, and then make the left into the Bethel Park High School complex. The pool is located in the last building, which says "Gymnasium." Continue past the pool to the High School Stadium parking lot.  
If you take Route 88 South from Pittsburgh, turn right onto Bethel Church Road. Proceed to the third light and turn left on Church Road. Go past the Administration Building, and then make the left into the Bethel Park High School complex. The pool is located in the last building, which says "Gymnasium." Continue past the pool to the High School Stadium parking lot.  
Parking is available in the High School Stadium lot which is on your right past the Gymnasium. PLEASE NOTE: There is no parking on the driveway or turn-arounds near the pool building. If you park there, you will be ticketed!

**IF YOU ARE ABLE TO HELP OFFICIATE AT THIS MEET PLEASE CONTACT::**

Lindy Eiben at [kles@comcast.net](mailto:kles@comcast.net)

COMMENTS/  
OTHER NOTES: SWIMMERS WHO SWIM 5% FASTER THAN THE ALLOWED TIME FOR MEET ENTRY WILL NOT BE ELIGIBLE FOR PLACE AWARDS. ACHIEVEMENT AWARDS FOR INELIGIBLE SWIMMERS WILL BE AWARDED.

# Mini / Developmental Meet

## May 3-4, 2008

| Saturday AM Session |                      |                     |                      |      | Sunday AM Session |                      |                       |                      |      |
|---------------------|----------------------|---------------------|----------------------|------|-------------------|----------------------|-----------------------|----------------------|------|
| Girls               | Entry Times Required | 8 & Under           | Entry Times Required | Boys | Girls             | Entry Times Required | 8 & Under             | Entry Times Required | Boys |
| 1                   |                      | 50 Freestyle        |                      | 2    | 49                |                      | 50 Breaststroke       |                      | 50   |
| 6                   |                      | 25 Backstroke       |                      | 7    | 54                |                      | 25 Freestyle          |                      | 55   |
| 11                  |                      | 50 Butterfly        |                      | 12   | 59                |                      | 25 Butterfly          |                      | 60   |
| 16                  |                      | 25 Breaststroke     |                      | 17   | 64                |                      | 50 Backstroke         |                      | 65   |
| 21                  |                      | 100 Freestyle       |                      | 22   | 69                |                      | 100 Individual Medley |                      | 70   |
| 26                  |                      | 200 Freestyle Relay |                      | 27   | 74                |                      | 200 Medley Relay      |                      | 75   |
| Girls               | Slower Than          | 9 – 10              | Slower Than          | Boys | Girls             | Slower Than          | 9 – 10                | Slower Than          | Boys |
| 3                   | 32.39                | 50 Freestyle        | 31.89                | 4    | 51                | 41.99                | 50 Breaststroke       | 42.49                | 52   |
| 8                   | 38.19                | 50 Backstroke       | 38.39                | 9    | 56                | 1:12.29              | 100 Freestyle         | 1:10.79              | 57   |
| 13                  | 1:26.69              | 100 Butterfly       | 1:25.69              | 14   | 61                | 37.29                | 50 Butterfly          | 36.69                | 62   |
| 18                  | 1:33.39              | 100 Breaststroke    | 1:32.69              | 19   | 66                | 1:22.19              | 100 Backstroke        | 1:21.69              | 67   |
| 23                  | 2:36.39              | 200 Freestyle       | 2:31.89              | 24   | 71                | 2:55.99              | 200 Individual Medley | 2:55.29              | 72   |
| 28                  |                      | 200 Freestyle Relay |                      | 29   | 76                |                      | 200 Medley Relay      |                      | 77   |
|                     |                      | 11 – 12             | Slower Than          | Boys |                   |                      | 11 - 12               | Slower Than          | Boys |
|                     |                      | 50 Freestyle        | 28.59                | 5    |                   |                      | 50 Breaststroke       | 37.59                | 53   |
|                     |                      | 50 Backstroke       | 33.69                | 10   |                   |                      | 100 Freestyle         | 1:02.89              | 58   |
|                     |                      | 100 Butterfly       | 1:12.19              | 15   |                   |                      | 50 Butterfly          | 32.39                | 63   |
|                     |                      | 100 Breaststroke    | 1:21.09              | 20   |                   |                      | 100 Backstroke        | 1:12:29              | 69   |
|                     |                      | 200 Freestyle       | 2:16.59              | 25   |                   |                      | 200 Individual Medley | 2:35.89              | 73   |
|                     |                      | 200 Freestyle Relay |                      | 30   |                   |                      | 200 Medley Relay      |                      | 78   |
| Saturday PM Session |                      |                     |                      |      | Sunday PM Session |                      |                       |                      |      |
| Girls               | Slower Than          | 11 – 12             |                      |      | Girls             | Slower Than          | 11 – 12               |                      |      |
| 31                  | 29.79                | 50 Freestyle        |                      |      | 79                | 37.99                | 50 Breaststroke       |                      |      |
| 34                  | 34.29                | 50 Backstroke       |                      |      | 82                | 1:03.09              | 100 Freestyle         |                      |      |
| 37                  | 1:13.59              | 100 Butterfly       |                      |      | 85                | 32.69                | 50 Butterfly          |                      |      |
| 40                  | 1:22.19              | 100 Breaststroke    |                      |      | 88                | 1:14.89              | 100 Backstroke        |                      |      |
| 43                  | 2:20.19              | 200 Freestyle       |                      |      | 91                | 2:38.59              | 200 Individual Medley |                      |      |
| 46                  |                      | 200 Freestyle Relay |                      |      | 94                |                      | 200 Medley Relay      |                      |      |
| Girls               | Slower Than          | 13 & Older          | Slower Than          | Boys | Girls             | Slower Than          | 13 & Older            | Slower Than          | Boys |
| 32                  | 28.19                | 50 Freestyle        | 24.89                | 33   | 80                | 2:44.79              | 200 Breaststroke      | 2:27.59              | 81   |
| 35                  | 2:23.89              | 200 Backstroke      | 2:09.09              | 36   | 83                | 1:00.79              | 100 Freestyle         | 54.29                | 84   |
| 38                  | 1:05.99              | 100 Butterfly       | 59.09                | 39   | 86                | 2:24.19              | 200 Butterfly         | 2:09.59              | 87   |
| 41                  | 1:16.39              | 100 Breaststroke    | 1:07.59              | 42   | 89                | 1:06.99              | 100 Backstroke        | 59.99                | 90   |
| 44                  | 2:10.59              | 200 Freestyle       | 1:58.29              | 45   | 92                | 2:26.99              | 200 Individual Medley | 2:12.49              | 93   |
| 47                  |                      | 200 Freestyle Relay |                      | 48   | 95                |                      | 200 Medley Relay      |                      | 96   |

Comments:

- 1 8 & unders do not have Qualifying Times but must enter with a time. **NT's not accepted**
- 2 25 yard events awarded by age group: 6, 7 and 8
- 3 Entries are limited to 4 individual events per day
- 4 Qualifying times are slower than National "A" time Standards
- 5 13 & Older events use National 17 – 18 Standards
- 6 Relays may be deck entered
- 7 Relays must be comprised of swimmers that are no faster than the fastest qualifying time for that distance and stroke in the corresponding age group